

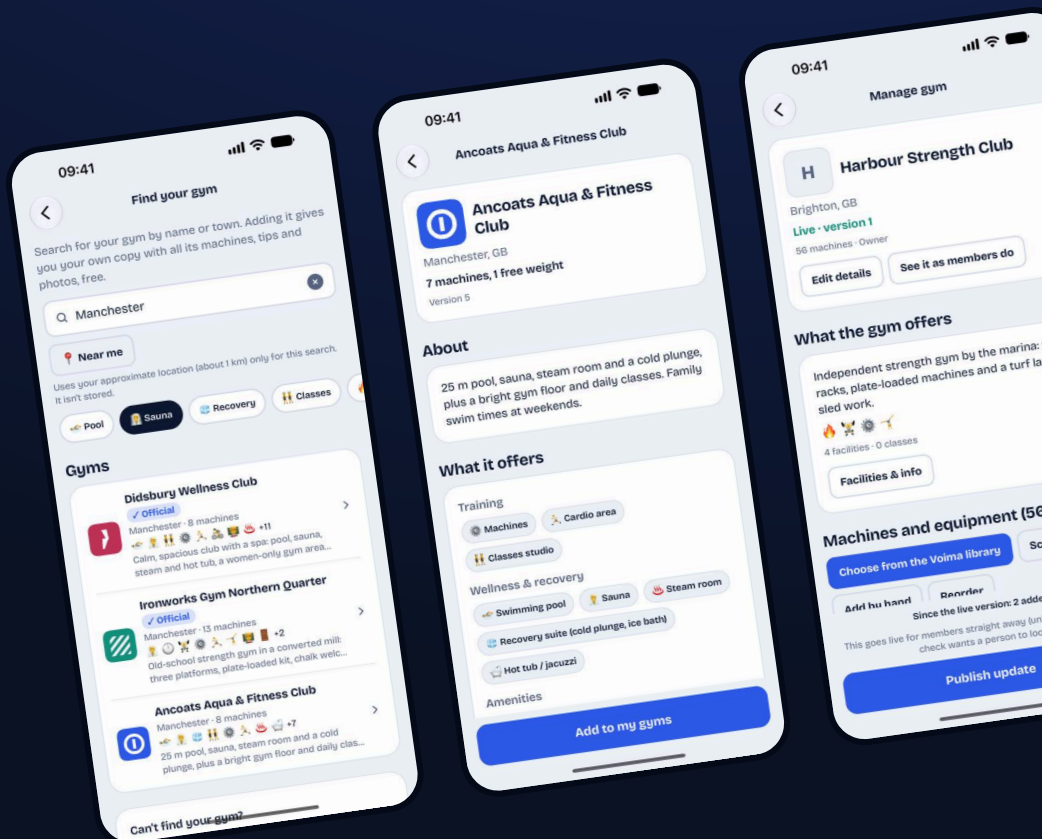


Voima for Gyms

Owner & PT Guide

Put your gym in every member's pocket.

How gym owners, managers and personal trainers list a gym in the Voima app, keep its machines up to date, and bring in the team.



For Voima 1.0.8 on iPhone
October 2026

support.replug@gmail.com

Why list your gym on Voima

Voima is a gym and food tracker for iPhone and Apple Watch. When your gym is in the Voima directory, a new member gets every one of your machines in one tap, and you keep them up to date for everyone.



Every machine, instantly

Members add your gym and get all your machines with names, photos, muscles and how-to tips. No scanning, no typing.



Updates for everyone

New machine on the floor? Add it once. Members get a notification and can bring it into their app.



Found by town

Members with Voima Pro search a town ("Manchester") or tap **Near me** and see your gym in the results.



Facilities on show

Pool, sauna, recovery, classes, Hyrox-style, 24 hours... People filter by what they want, and your gym page shows it all.



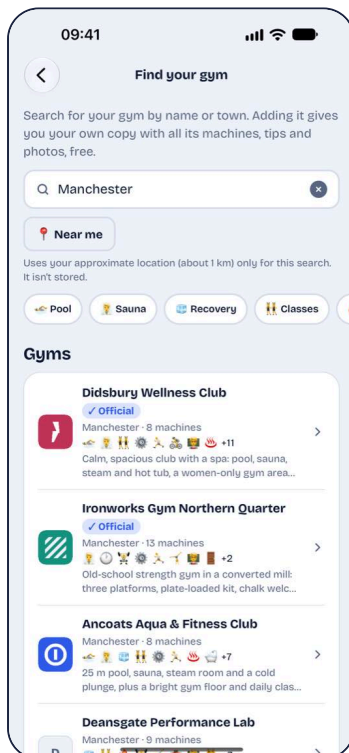
Your PTs on board

Invite your trainers as editors, so the gym stays right even when you're busy.

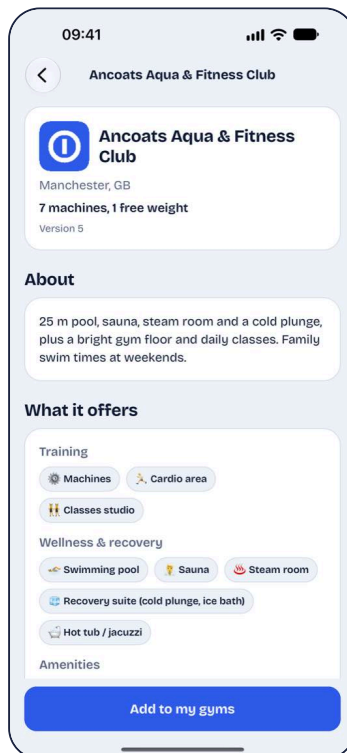


Free to list

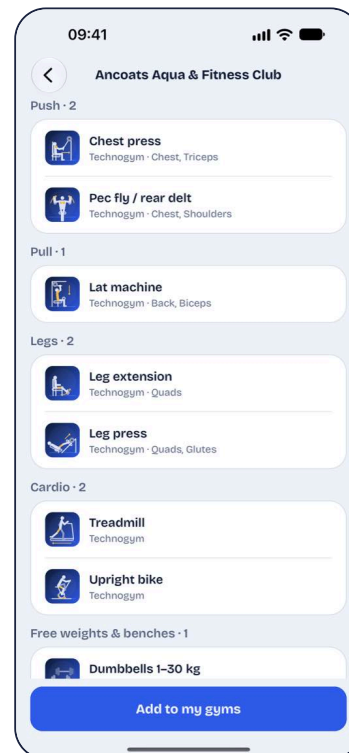
Listing and managing your gym costs nothing. Members find and add gyms with Voima Pro (7 days free to try) and never need an account.



Search by town



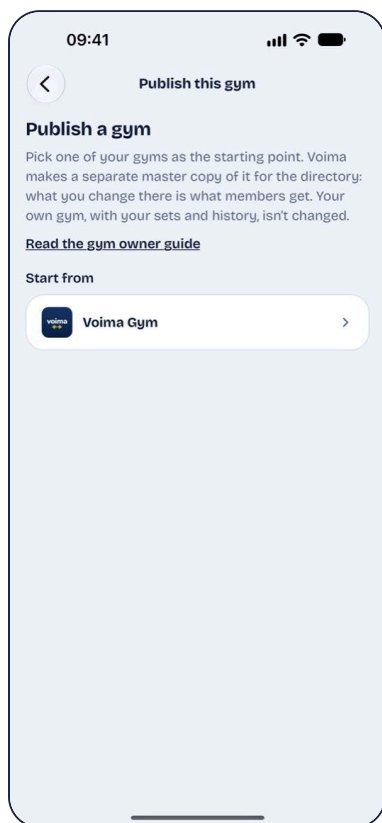
Your gym's page



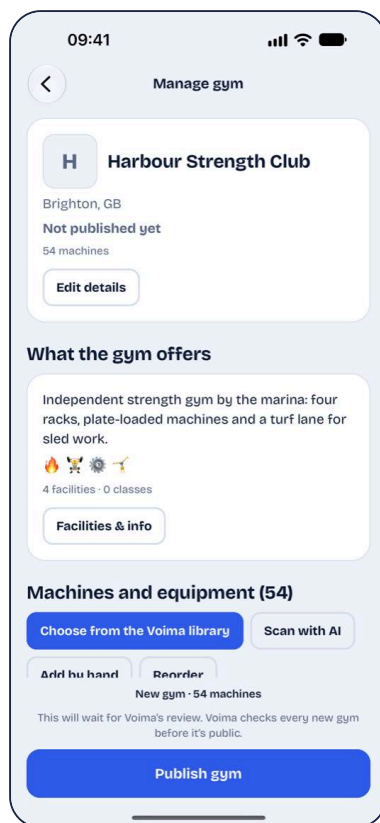
Machines by Push, Pull, Legs

How to register your gym

It takes about 15 minutes with your phone in the gym. You need the Voima app on an iPhone and an Apple ID.



Start from one of your gyms



Ready to publish

WHO CAN PUBLISH

Owners, managers and PTs of a real gym. Members never need to sign in, and listing is free.

TIP

There's a link to this guide on the start screen: **Read the gym owner guide**.

- 1 **Open Gyms I manage.** [Settings](#) → [Community](#) → [Gyms I manage](#), then **Publish a new gym**. You can also tap **Publish this gym** in [Gym](#) → [Your gyms](#).
- 2 **Sign in with Apple.** Only gym staff sign in, so only real staff can change a gym. Voima asks Apple for no name and no email.
- 3 **Start from one of your gyms.** Pick the gym you've set up in the app (or the built-in Voima Gym, then change it). Voima makes a separate **master copy** for the directory: your own gym, with your sets and history, isn't changed.
- 4 **Details.** Tap **Edit details**: gym name, town, country code (GB, CY, GR...), and optionally your location (tap **Use my location** while you're at the gym, so "Near me" finds you) and a square logo.
- 5 **What the gym offers.** Tap **Facilities & info** (next page).
- 6 **Machines.** Check the list: add, remove and fix machines (Part 3).
- 7 **Publish gym.** Agree to the community rules the first time. Your gym is sent to Voima for review.

Facilities & info

Facilities & info

This is what helps people choose your gym. Everything is optional, but the more you fill in, the more searches you appear in.

About the gym

Up to 300 characters. No links, phone numbers or emails here.

Facilities

Tick everything you have, in three groups: **Training** (free weights, machines, cardio, functional, Hyrox-style, classes studio, spin, boxing, climbing wall, running track...), **Wellness & recovery** (pool, sauna, steam room, recovery suite, hot tub...) and **Amenities** (changing rooms, showers, lockers, towels, café, childcare, parking, wheelchair access...).

Classes

Pick from the built-in list (BODYPUMP, spin, yoga, Pilates, Zumba...) and add up to 8 of your own.

Opening hours

Per day, e.g. **06:00-22:00**, or two times with a comma for a break. Mark a day Closed, or use **Same as Monday every day**.

Website and phone

Shown on your gym page as plain text.

Members filter by facilities with chips like **Pool**, **Sauna**, **Recovery**, **Classes**, **Hyrox-style** and **24 hours**.

Voima's review

A new gym is always checked by a person at Voima before it appears in the directory, usually **within 24 hours**. While it waits:

- its status says **Waiting for review**;
- you can keep editing: publishing again replaces what's waiting;
- **See it as members do** shows how your gym page will look.

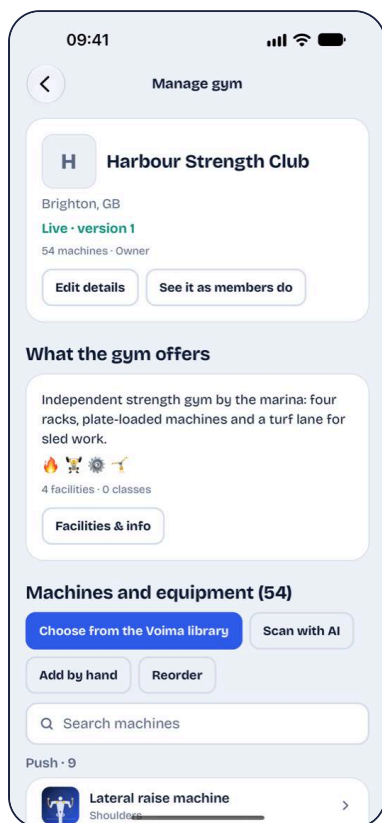
Once approved, it says **Live · version 1** and anyone can find and add it. Your own gym becomes your copy of the new directory gym. If it isn't approved, Gyms I manage tells you why, and you can fix it and publish again.

Sent for review

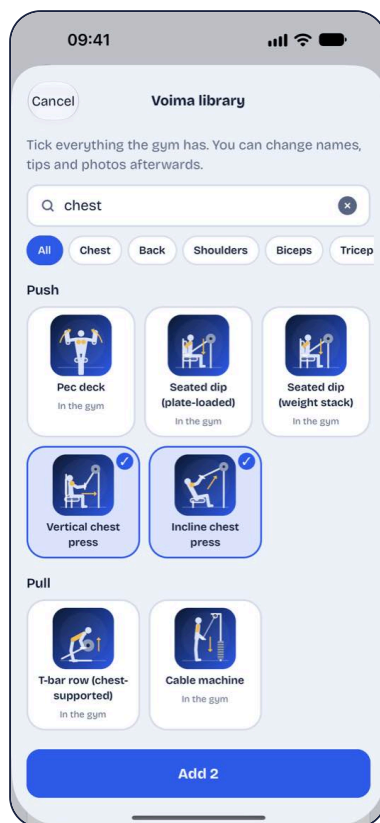
Live in Gyms I manage

Manage gym

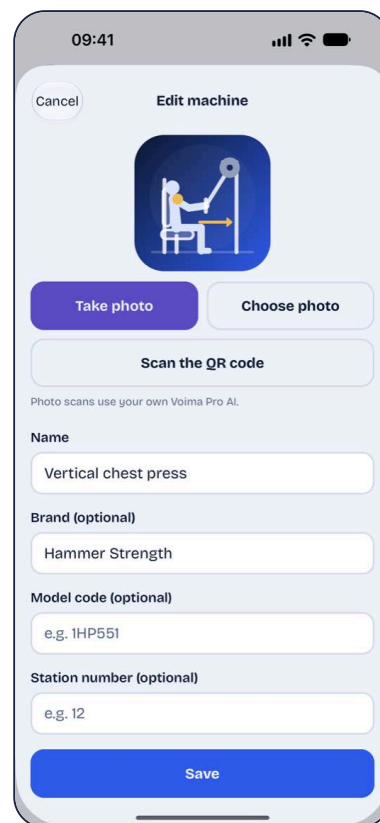
Your gym's page for staff: the master copy every member gets. Open it from [Settings](#) → [Community](#) → [Gyms I manage](#), or [Manage gym](#) in Your gyms.



Manage gym



Add from the Voima library



Edit a machine

Choose from the Voima library

The quickest way. 44 common machines plus free weights, bars, benches and stations, with drawings, muscles, tips and exercises. Search, tick several, **Add**. Then rename them to match your signs, add the brand.

Scan with AI

Photograph a machine, its brand sign, or the QR code on the sign. Voima fills in the name, muscles, Push/Pull/Legs and tips for you to check. Uses your own Voima Pro AI allowance.

Add by hand

Type the name, brand, model code and station number, pick Push/Pull/Legs and muscles, choose a drawing, write how-to steps and add exercises.

Photos and editing

Tap any machine to edit it. **Take photo** or **Choose photo** to show your actual kit, or keep the Voima drawing. Photos are made small (400 px) and location data is removed before upload. Also: name, brand, model code, station number, Push/Pull/Legs, muscles, how-to steps, exercises and **Remove from the gym**.

Reordering and removing

Reorder puts machines in the order members walk round the gym. Removed machines go to a **Removed** list with **Put back**.

The change summary

Above the publish button Voima sums up your changes since the live version, e.g. **“2 added · 1 changed · 1 removed · renamed · new logo”**. New and changed machines carry a **New** or **Changed** tag. Changed your mind? **Discard changes**.

Publish update

Tap **Publish update**. Most updates go live straight away and members are told. Your own copy (the gym you train with) is separate, so Voima offers **Update my copy**.

What goes live, and what waits for review

To keep the directory safe, a few kinds of change are checked by a person at Voima first. Members keep the current version until then (usually **within 24 hours**), and Manage gym shows a banner with the reason.

Live straight away

- Adding machines and changing their details, tips and photos
- Removing a few machines
- Ticking facilities and listed classes
- Opening hours and phone number
- Reordering

Waits for Voima's review

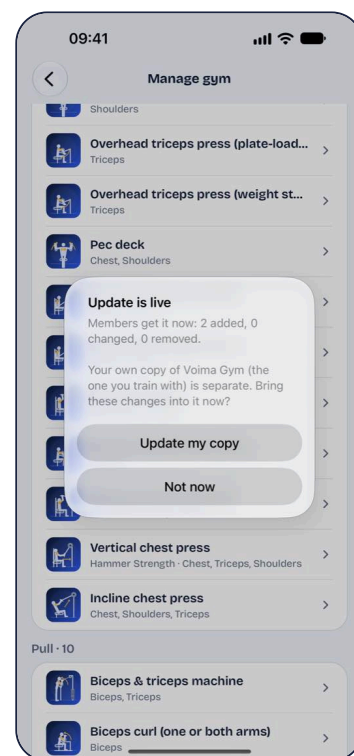
- A brand-new gym
- Renaming the gym, or moving it to another town
- Removing many machines (more than 5, and more than 30%)
- A new logo
- A new website address
- Text the automatic check isn't sure about (machine text, description, class names)

Why?

Names, logos and links are what people trust. Checking them stops fake gyms and spam without slowing down everyday updates.

Good to know

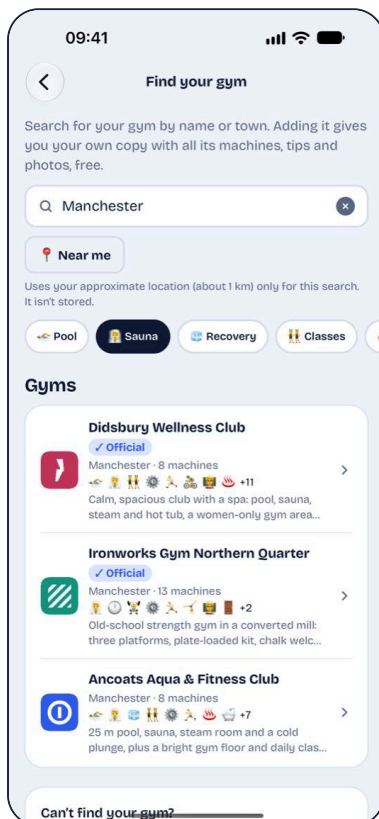
- Only one update waits at a time. Publishing again replaces the waiting one.
- Info-only changes (facilities, hours) go live silently, with no notification to members.
- Members are notified about machine changes, e.g. “Ancoats Aqua & Fitness Club added 3 machines”.
- Limits: up to 30 publishes and 3 new gyms a day, and 5 gyms waiting per person.



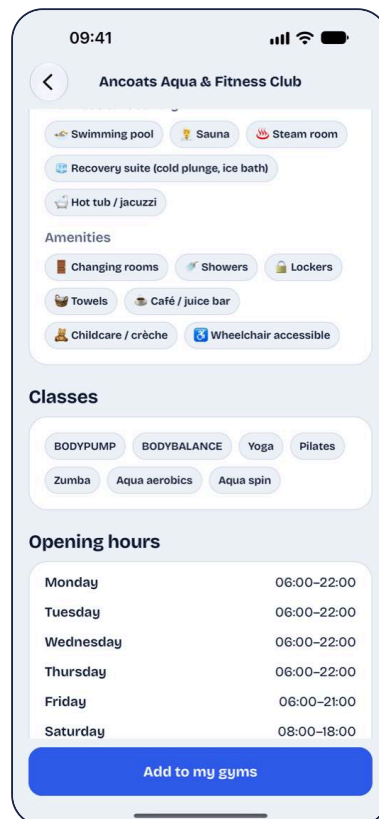
“Update is live”

What your members see

Members never sign in. They search, tap Add, and train.



Search a town and filter



Facilities, classes and hours

Find your gym

Members search by name or town, or tap **Near me**, and filter by facilities (searching and adding gyms are part of Voima Pro, with a 7-day free trial). Your logo, ✓ Official badge, town, machine count and facility icons show in the results.

Add

One tap downloads every machine with its photo and tips into the member's app. It becomes their gym on the Gym tab.

Their own copy

Members can delete machines they never use or add their own. That never changes your master. **Re-sync from gym** brings back anything they deleted and adds what's new, and never touches their history.

Updates

When you add machines, followers get a notification and a card on the Gym tab. They tick what to bring in. A machine you removed is only marked "No longer at this gym", so their history stays.

Your team

The first person to publish a gym is its **owner**. The owner can invite managers and PTs as **editors**.

Invite a PT or manager

- 1 In Manage gym, under **Editors**, tap **Invite**.
- 2 Voima shows an **editor code** like **ABCDE-FGHJK**, once. Share it straight away (Messages, WhatsApp...).
- 3 Your PT opens **Settings** → **Community** → **Gyms I manage** → **Have a gym editor code?**, signs in with Apple and enters the code.

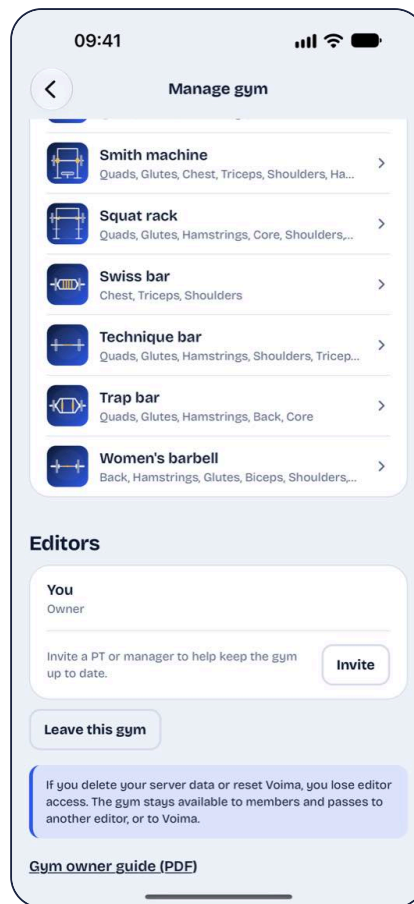
Each code works once and expires after a week.

Make owner, remove, leave

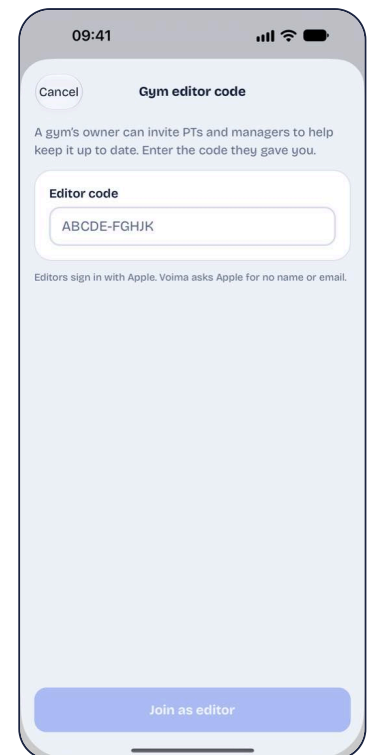
- **Make owner** hands the gym to another editor (for example when a manager leaves).
- **Remove** takes an editor off the gym.
- **Leave this gym** removes yourself. An owner must make someone else owner first.

IMPORTANT

"Delete my server data" or "Reset app" removes your editor access. The gym stays for members and passes to another editor, or to Voima.



Editors in Manage gym

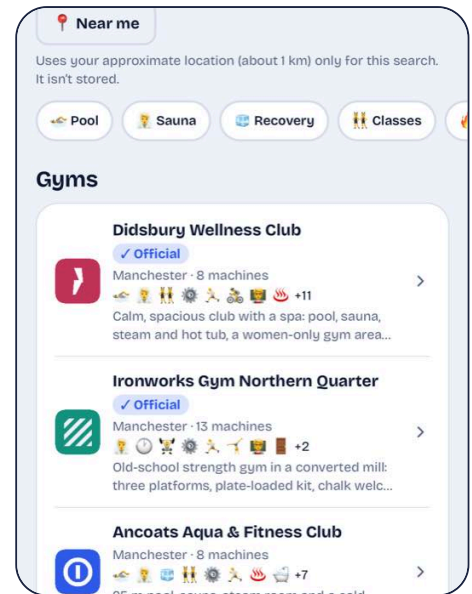


Entering an editor code

✓ Official status

The **✓ Official** badge tells members the listing is run by the gym itself. It shows on your gym page and in search results.

- 1 Publish your gym and wait until it's live.
- 2 Email support.replog@gmail.com from your gym's email address (or with a link to your website showing it) and the gym name and town as they appear in Voima.
- 3 Voima checks you're really the gym and adds the badge. If you hand the gym over later, just make the new person owner.

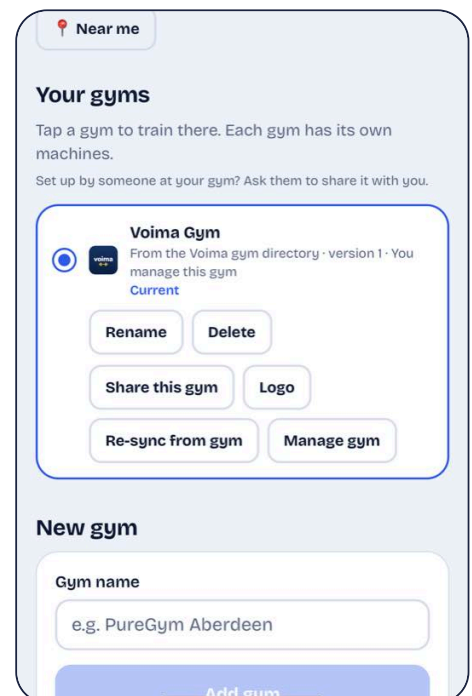


Sharing a gym by AirDrop

Not ready for the directory, or setting things up for a small group first? Any gym in Voima can be sent as a file.

- 1 **Gym** → **Your gyms** → **Share this gym**.
- 2 Send it by AirDrop, Messages, WhatsApp, Mail or Files.
- 3 The other person taps the file and the gym, with every machine, tip and small photo, is added to their Voima.

No sets, weights or history are shared. A shared file doesn't get updates; a directory gym does, so the directory is the better choice for a whole gym.



Guidelines

Please do

- List a real gym that you own, manage or work at.
- Use the gym's real name, town and logo.
- Name machines like the signs on them, and keep the list up to date.
- Write clear, safe how-to steps.
- Use your own photos of your gym's equipment.

Please don't

- Add ads, offers, prices or promotions.
- Put links, phone numbers, emails or social handles in descriptions or machine text (use the website and phone fields).
- Upload photos of people, or images you don't have the rights to.
- List a gym you have nothing to do with, or copy another gym's listing.
- Post anything abusive, sexual or unsafe. Voima has zero tolerance.

Review times

New gyms and held updates are usually reviewed **within 24 hours**. Everyday updates go live at once.

Reporting

Anyone can tap **Report this gym** on a gym page (wrong info, fake, spam...). Voima reviews every report within 24 hours and may fix, hide or remove a listing.

Your data

We store the gym's details, machines, small photos and logo, and which Apple sign-in edits it. Never anyone's sets, weights or history.



CONTACT

support.relog@gmail.com

Official status, a gym that needs merging or moving, a problem publishing, or ideas for gyms. Please include your gym's name and town as they appear in Voima.



Train hard. Eat well. Track both.